

The Savior's Sorrow **Mark 14:32-42**

This is part of what we call Jesus' 'Identification' with us – **Hebrews 2:14**
– 'shared in their humanity'

Three Fronts that Drove Jesus Sorrow:

- **Mounting Pressures**
- **Immanent Disappointment**
- **Impending Misery**

The Language:

- **Vs. 33** – '*Distressed and Troubled*' – 'Distressed' – Intense Excitement (good or bad) – 'Troubled' – **Philippians 2:25-26** – Epaphroditus
- **Vs. 34** – '*Overwhelmed with Sorrow*' – 'Deeply Grieved' – Very Sad – **Luke 18** – Rich Young Ruler
- **Vs. 35** – '*he fell to the ground*' – Language of violence – threw himself down...

I have come to learn that Sorrow is a gift from God – If we listen, we learn who we really are – we learn what matters/dear – we learn that there is no hole... not there – *Ecclesiastes 7:3*

In fact there comes a point in all our lives, as Christians where it is just God and us as it was with Jesus (vss. 35-36) – deep and personal – anything less is just religion – that if we so insulate ourselves from pain to the extent that we don't 'feel' sorrow's power, we insulate ourselves from God rather than drink deeply from the well of His Delight.

Jesus in His Sorrow (Instructive):

- **He Speaks His Sorrows/Heart** – Father-Son conversation here – Intimacy/Trust
- **He Surrenders His Will** – His honesty protected Him from becoming hardened and His admission availed the Throne of Grace.

- **He Let it Go** – v. 42 – ‘Rise! Let us go! Here comes my betrayer.’ – Suddenly the unthinkable was faceable – He let it go.

Brothers & Sisters, Have you?

When it comes to God, the Gospel presents, not a heartless tyrant, but a ‘man of sorrows...’ – **Jesus**

What about you?

- Are you Afraid that letting go of your sorrows will make you Weak?
- Does Shame haunt you and prevent you from giving voice to your sorrows?
- Has Pride deluded you into thinking that to admit your sorrows will be a step backward? Do you think that God is pleased with this charade?
- Have Bitterness & Unforgiveness paved a highway of stone over your broken heart? Do you not see, dear friend that it is you who suffers? Has a cold heart replaced a broken one?

Do you really believe that you are alone?

Important: There is nothing supernatural in Jesus Sorrows in the Garden.

His tears were tears of sorrow and heartbreak, sorrow and longing, sorrow and love. He was simply sad – in other words, His lament reflected the very real condition of His heart – for you.

Lesslie Newbigin – The Good Shepherd – “There are times when God seems very far away, and we need someone to take us by the hand and lead us into the presence of God.”